

Ongoing Activities

Lunch Served Daily:

Monday—Friday 11:15AM—12:30PM

SHIP—Medicare Counseling:

Mon-Thur., 10:00AM-1:00PM (no Fri.)

AA Meeting:

Monday & Friday 10:00AM—11:00AM

Bean Bag Baseball

Tuesdays & Fridays 2:00PM—3:30PM

Bingo:

Monday, Wednesday and Friday
12:00PM—1:30PM

Clogging:

Wednesdays 1:30pm -3:30pm

Crochet Club:

Tuesdays: 8:00AM—11:30AM

Blood Pressure Clinic

Thursdays 9:00AM—11:00AM

Line Dancing and Lessons:

Advanced Class: Mondays, 1:00-3:30
(except the 2nd Monday of the month)
Thursdays 1:00PM—3:30PM

Mah-Jongg:

Thursdays 12:00PM—4:00PM

Scrabble:

Wednesdays 10AM-4PM

Stretch & Tone Exercise:

Monday, Wednesdays and Fridays:
9:00AM—10:00AM

More to Life

Thursdays, 9AM-10AM (No 3rd Thurs)

Tech Café in the Library:

Tuesdays: 1:30PM—3:00PM

Texas Hold ‘Em

Monday—Friday
8:00AM—11:00AM

Vision Impaired Group:

Wednesdays 1:30PM-3:30PM

Senior Dance Club of Nevada

Friday nights 7:00PM—10:00PM

Hawaiian Style Music with Jus’ Right

Tuesdays 10:30-12:30

Grumpy Old Men (Live Music & Dancing)

Wednesdays 10:00-11:30



March 2020

Washoe County Senior Center

www.washoecounty.us/seniorsrv 1155 E. 9th. Street



*Senior Lunch
Program
Daily
11:15AM-12:30PM*

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>9:00-2:00 AARP Driver Safety</i>	3 9:30-11:00 Vision Support Outreach	4 2:00-3:00 Retired School Employees Meeting 6:15-8:15—Grief Support	5 8:00-11:30 SNAP Food Stamp Sign-Ups 9:00-11:00 Blood Pressure Clinic	6 10:00-12:00 Catholic Charities Outreach
9	10 2:00-4:00 Dance Club Meeting	11 <i>10:00-12:00 Veterans Suicide Prevention Outreach</i>	12 9:00-11:00 Blood Pressure Clinic	13
16	17 8:00-11:00 Assistance League Food Pantry 8:00-11:30 SNAP - Food Stamp Sign -Ups <i>8:00-10:30 WC Animal Services Pet Food Distribution</i>	18 6:15-8:15—Grief Support	19 8:00 Food Bank of Northern NV Pantry Distribution 8:00-11:30 SNAP Food Stamp Sign-Ups 9:00-11:00 Blood Pressure Clinic	20 10:00-12:00 Catholic Charities Outreach
23	24 5:30-8:30PM Ostomy Support Group	25	26 9:00-11:00 Blood Pressure Clinic 10:00-11:00 Accordion Players	27 <i>11:30-12:30 Monthly Birthday Party</i> 11:00-1:30 Karaoke w/Allen 10:00-12:00 Care Chest of Northern Nevada
30 <i>10:30-11:30 Jeff Wayne Sings!</i>	31			